

Miontuairiscí ó Chruinniú an Choiste um Fhorbairt Pobail Áitiúil na Gaillimhe a tionóladh ar Dé Máirt 13ú Samhain 2018

Minutes of Galway County Local Community Development Committee held on Tuesday
 13th November 2018

LCDC Members in Attendance:

Dan Dowling (Vice-Chairperson)	Galway County PPN (Community & Voluntary)
Cllr. Noel Thomas	Galway County Council
Cllr. Dermot Connolly	Galway County Council
Breda Fox	Galway Local Enterprise Office (LEO)
Michael Keady	Health Service Executive (HSE) West
Donal Walsh	GRETB
Terry Keenan	FORUM Connemara Ltd
Enda Conneely	Comhar na nOileán Teo
Kathleen Aspel Mortimer	Galway County PPN (Social Inclusion)
Seán Ó Coistealbha	Galway County PPN (Community & Voluntary)
Margaret Sheehan	Galway County PPN (Environment)

Staff in Attendance

Alan Farrell (Chief Officer)	Galway County Council
Kieran Coyne	Galway County Council
Linda Potter	Galway County Council
Eibhlin Curran	Galway County Council
Mary McGann	Galway County Council

Apologies

Tom Turley (Chairperson)	Irish Farmers Association (Agriculture & Farming)
Cllr. Jimmy McClearn	Galway County Council
Kevin Kelly	Galway County Council
Eoin Brown	Department of Social Protection
Delia Colahan	Galway Rural Development CLG
Conor O'Dowd	Galway Chamber (Employers & Business)
Mícheál O hÉanaigh	Údarás na Gaeltachta
Martin Ward	Galway County PPN (Social Inclusion)

In the absence of T. Turley, Chairperson, the meeting was chaired by D. Dowling, Vice-Chairperson. At the outset of the meeting, the Members expressed their condolences to Tom Turley and Alan Farrell on recent deaths of family members.

1 Miontuairiscí ó chruinniú an Choiste um Fhorbairt Pobail Áitiúil (LCDC) a tionóladh an 10ú Iúil 2018

Minutes of Local Community Development Committee (LCDC) held on 10th July 2018

No matters were arising from the Minutes. On the **PROPOSAL** of S. O'Coistealbha, **SECONDED** by B. Fox, the Minutes of the Meeting held on 10th July were agreed.

2. Coimhlint Leasa a Fhógairt

Declarations regarding Conflict of Interest

No conflicts of interest were declared.

3. Achoimre ar Tionscnamh Éire Shláintiúil - Contae na Gaillimhe

Overview on Healthy Ireland Project - County Galway

- **Overview of Healthy Ireland including Galway County LCDC HI Programme for 2018-2019** by Social Inclusion Unit
- **Presentation on Healthy Communities and Lifestyles Project** by Croí
- **Galway Children and Young Peoples Services (CYPSC) Healthy Ireland Programme** by Morgan Mee, CYPSC Co-ordinator
- **Healthy Ireland at your Library** by Catherine Gallagher, Galway County Librarian

L. Potter outlined that the first round of Healthy Ireland funding covered 11 projects with a value of €100,000 and the second round of funding was allocated in May 2018 for 5 projects with a value of €75,000 which will run until March 2019. She stated that the projects are managed by the Health and Wellbeing Sub-Committee of the LCDC and based on an inter-agency approach to co-ordinate actions under the Programme. She outlined that the 3 Powerpoint presentations would be forwarded to the Members following the meeting.

M. Keady commended A. Mallaghan and the Social Inclusion team for their ongoing work in relation to Healthy Ireland and on their work plan for next year's funding which it would be envisaged would be in the region of this year's allocation. He stated that the intention was to have a Healthy County Galway Plan in due course encompassing all aspects of the inter-agency approach to health and wellbeing.

Suzanne Cleary, Dietician with Croí, gave a presentation on their Healthy Communities and Lifestyles Project. She outlined the target groups and the approaches taken to reach these groups, e.g. attendance at Marts to complete Health Check Questionnaires with attendees for evaluation and feedback. She outlined that a higher rate of obesity was noted compared with the last National Healthy Ireland survey in 2017, and M. Keady questioned whether this was broken down further such as numbers employed or unemployed. S. Cleary stated that these further sub-divisions of the statistics were not yet available. S. O'Coistealbha offered the assistance of Muintearas to integrate the programmes into the Gaeltacht areas. A. Farrell stressed the importance of the linkages with the different agencies in delivering programmes and that part of the role of the LCDC through its sub-committee structure was to assess what was working well and what could be improved to deliver the key actions in the LECF and bring about better co-ordination and co-operation in the delivery of local services. S. Cleary stated that Croí meet monthly to review and plan their delivery of the programme, and continually seek to maximise inter-agency approaches, such as establishing links with GRD and GRETB to deliver needs from the Health Check Questionnaires completed at marts.

Morgan Mee of Galway Children and Young Peoples Services (CYPSC) gave a presentation on their project to increase co-ordination and delivery of services based on best practice for early years childcare (0 – 3

years). He outlined the funding allocations under Rounds 1 & 2 and the focus being adopted by CYPSC to promote outdoor play and making meal times a social occasion focused on healthy eating. M. Sheahan stressed the importance of focusing on outdoor play and nature and its benefits to health and wellbeing for both children and adults. N. Thomas queried whether there was assessment of programmes for outdoor play in other countries as in Ireland it appears that children are over-protected by their parents and not allowed to engage in outdoor activities that previous generations did. In response, M. Mee stated that there were a lot of health and safety issues to be considered by childcare providers when providing outdoor play facilities. In general, a cultural shift was required for parents and service providers to focus on the importance of changing how children play and eat in childcare and school and there was a long way to go for outdoor creches to form the principle delivery mechanism of childcare.

Mr. Mee outlined that CYPSC would welcome strategic direction from the LCDC and would like to work with the other agencies to identify priorities for each round of funding to ensure that agreed actions did not overlap and all agencies were working towards a common objective. He also highlighted the tight timescales on the Healthy Ireland programme which did not facilitate forward thinking and planning and the lack of a mechanism to feed out useful data learnt through delivery of the programme to other Childcare Committees in the country. In response, M. Keady stated that the HSE set the priority goals each year which were delivered through the LCDC and Healthy Ireland structures. A. Farrell stated that the issue of timeframes was outside the control of the LCDC but had been brought to the attention of the Department on a number of occasions. In addition, he stated that it was the role of the LCDC to co-ordinate and plan so that programmes have a strategic impact, and the Sub-Committee had a role in learning lessons from the implementation of the programme to date. He said that co-operation between the LCDC and the CYPSC was important and that support staff in both had a good track record of working together.

Catherine Gallagher, County Librarian, gave a presentation on the Healthy Ireland at your Library programme. The aim of the programme is to establish libraries as a valuable source for health information within the community. The Library has sourced a comprehensive collection of new books and these are available nationwide as well as e-books, e-magazines and online courses on health and wellbeing which are provided free via library card. In addition, Health Information leaflets are made available and supplemented with an ongoing series of talks, discussions and workshops focusing on physical health, mental health and health literacy. To date, 83 events have been held in the Galway libraries with 940 attendees and topics covered have been Heart Health, Dementia Awareness, Healthy Ageing, Fitness for Life, Growing Fruit and Vegetables, Cancer Care and Prevention and the National Screening Service. She stated that were it is suitable, collaboration with other Healthy Ireland partners has taken place to maximise publicity and event take-up.

D. Dowling thanked S. Cleary, M. Mee and C. Gallagher for their very informative presentations and the members for their active discussion.

4. Leiriú – Seirbhísí Leabharlanna

Presentation - Library Services (C. Gallagher)

C. Gallagher gave an overview of the library service comprising 26 County and 3 City libraries and a mobile library service which visits 56 rural locations throughout the county. She outlined the development of library services to include discussions and workshops, offering e-books and magazines, providing a local history and archives service, and running specific programmes such as Let’s Get Walking, Work Matters, Right to Read, and other community-led events to develop the library as a focal point for community and cultural development. She emphasised the importance of a multi-agency approach to maximise budgets and impact of programmes. A. Farrell emphasised the impact on a community of a multi-agency approach which is much greater than the monetary impact and acts as an impetus for community, social and economic development.

5. Tuarascáil ar deontais ceadaithe faoi Clár um Fheabhsú an Phobail 2018 – Dara babhta deireadh clár SICAP 2015 - 2017

Report on grant allocations for the Community Enhancement Programme 2018 – Second Round

M. Sheahan presented the report of the LCDC Sub-Committee Meeting held on 3rd October approving the second round of funding under the Community Enhancement Programme.

N. Thomas queried whether 100% of the grants could be pre-paid like last year. A. Farrell said that this would not be normal practice and had led to administrative difficulties in chasing groups for completion of projects and in some cases, requiring repayment of the money where projects had not been delivered. He stated that Council staff administer the scheme subject to normal procedural requirements and the pre-payment of grants had been raised by the Local Government Auditor. He advised that the Council was trying to assist all groups in delivering projects by regular follow-up, issuing of approvals as soon as possible, and in some cases agreeing pre-payment of part% of the grant where this was requested and deemed necessary. The Council would continue to work with all the groups to deliver the projects within the timescales set down by the Department of Rural and Community Development.

6. Dáta don chéad chruinniú eile

Date for next meeting

The next meeting was arranged for Wednesday 5th December, and as a number of members had stated they would not be in a position to attend at the normal start time, a later time would be set for the meeting.

7. Aon ghnó eile

Any other business

The dates for 2019 Meetings was postponed to the next meeting for discussion and agreement.



T. Turley, Chairperson

Date: 5-12-18



A. Farrell, Chief Officer

Date: 5th December 2018